



www.crumbkitchen.co.uk

## **Allergen Guide**

All of my cakes contain the following allergens: Gluten (Wheat), Milk, Eggs.

All bakes and products are created in my home kitchen which handles all allergens. As a result of this I cannot guarantee that any bake is totally free from any allergens. Every effort is made to minimise cross contamination but due to working in a busy family kitchen I cannot guarantee that any product is totally free from allergens.

All products have their allergen information included on the packaging.

As a family we have allergies that are not listed in the 14 major allergens required to be displayed by law and understand how frustrating it can be to navigate suitable foods. I understand that there are other allergies not included in the major allergen list that may be included in my products. If you are unsure about any allergens please get in touch to double check the ingredients before ordering.

### **Vegan/Gluten Free Products**

Unfortunately I do not offer any vegan or gluten free products. In order to be able to offer these products I would be required to have totally separate areas within the kitchen including separate equipment and ovens. As I work from my home kitchen this is not something that I can accommodate and therefore cannot offer vegan or gluten free products.

### **Food Colourings**

Lots of my products contain colours that may have an adverse effect on the attention of children. These are known as the Southampton Six and include the following colours: E102, E104, E122, E129. If any products contain these colours they need to have the warning

If your order contains any of these colours it will be displayed on your allergen label which will be stuck to the outer packaging of your order.

**If you have any questions about the allergens in your order please get in touch via email to [info@crumbkitchen.co.uk](mailto:info@crumbkitchen.co.uk)**